

Initiative at a nursing home.

(ある施設での取り組み)

When the ability to swallow becomes weak switch from rice to porridge. September “ohigan” The people who can’t eat it the form of “ohagi” I made shaped” ohagi”.



It looks like a normal ohagi, right !

(飲み込む力が弱くなった時ごはんからお粥に切り替えます。9月のお彼岸の日、形のあるおはぎが食べられない方へ、形のあるおはぎを作りました。普通のおはぎみたいでしょ！)

When cooking “okonomiyaki” the people who have weak swallowing can’t eat same things. That time I cooked it easy to swallow form.

(お好み焼きを作った時、飲み込みの弱い人は同じ物を食べられません。その時私は、のみこみやすい物を簡単に作りました。)



With a little ingenuity you can enjoy eating!

If you are worried, please consult us.